

March Newsletter

March is National Multiple Sclerosis Education & Awareness Month!

Multiple Sclerosis is a chronic and unpredictable disease of the central nervous system and is thought to be an autoimmune disorder. This means the immune system incorrectly attacks the person's healthy tissue. MS can cause blurred vision, loss of balance, poor coordination, slurred speech, tremors, numbness, extreme fatigue, problems with memory, paralysis, blindness and more. The problems can be permanent or can come and go. Most people are diagnosed between the ages of 20 and 50. MS is not considered a fatal disease but the people who live with it struggle with the limitations that this disease causes. Approximately 400,000 Americans have MS and every week about 200 people are diagnosed. World-wide MS affects about 2.5 million people.

The symptoms of MS vary from person to person. One person might experience abnormal fatigue and episodes of numbness or tingling. Another person may have loss of balance and muscle coordination making it hard to walk. MS cannot yet be cured. However, there are now FDA approved medications that have been shown to "modify" or slow down the underlying course of MS. There have also been many therapeutic and technological advances that are helping people manage their symptoms. Advances in treating and understanding MS are made each year, and progress in research to find a cure is very encouraging!

Important Dates to Remember!

March 1st– Pig Day

March 3rd– Fun Facts about Names Day; What if cats and dogs had opposable thumbs? Day

March 9th– Panic Day; Daylight Savings Time Begins

March 10-17th– Multiple Sclerosis Awareness week

March 13th– National Open an Umbrella Indoors Day

March 14th– Pi Day (as in the math pie = 3.14159265 etc)

March 15th– Brutus Day

March 17th– St. Patrick's Day

March 20-26th– National Bubble (blowers) week!

March 21st– Good Friday

March 22nd– International Goof-Off Day



March 23rd– Easter; National Puppy Day

March 30th– Grass is always browner on the other side of the fence day; Pencil Day

March 31st– National She's funny that way day



Strange Facts

- Polar Bear fur is not white, it's clear. 
- When opossums are playing opossum, they are not "playing". They actually pass out from sheer terror.
- Woodward Avenue in Detroit, Michigan carries the designation M-1, named so because it was the first paved road anywhere.
- 35% of people who use personal ads for dating are already married.
- A rainbow can only be seen in the morning or late afternoon. 
- In the first century AD, Roman doctors endorsed the brushing of teeth with urine.. EWWWW!
- Vincent Van Gogh sold only one painting in his lifetime, Red Vineyard at Arles.



Heritage Hero's

Amber Hammond works out of our Mansfield office. Amber goes above and beyond for all her client's. For example she has one client in particular whose house has been extremely cluttered and dirty. Amber has been able to identify several needs the client has and was able to assist her with them. She has taken her client wash-cloths and towels that were badly needed. Amber helped her get 7 bags of trash out of her house (including 2 mice she found!). Her client needed a vacuum and Amber is taking her one. Amber is so attentive to all her client's and charts on her timesheets everything that we need to assist her client's with. Thank you Amber for caring so much for your clients and being such a wonderful asset to Heritage!!

Karen Peschel works in our Findlay office. She has been employed for Heritage for over two years. She has serviced the same priority one client during that time. This client receives anywhere from 30-60 hours a week of service and not once in two years has Karen called off or been late to this client who lives 40 minutes away from Findlay. The client is autistic and does not handle change very well. To ensure the client is not put under undo stress Karen is always very accommodating with the clients schedule needs. During the summer when the client is no longer in school, Karen works all day everyday without complaint. Karen has also worked as a live in aide for this client when the clients family went on vacation for 10 days. The family stated that they were able to be stress free during their much needed vacation knowing that Karen was with their son. Karen goes beyond her job daily by assisting the client with his social skills, exercise and cognitive development programs. The client as well as his family love Karen for her positive attitude, humorous personality and dedication to her client. Karen is always ready and willing to pick up a fill in shift even at the last moment. Karen is a the ideal Heritage Hero as well as a prime example of the perfect Heritage Home Health Aide! Thank you Karen for all your dedication and hard work!

Mary Kroncke has worked with Heritage for two months out of our Toledo office. In those two months while working with a client in an apartment building, Mary has gotten two Passport home health aide referrals in the same building. One of these referrals has turned into a skilled client in addition to a home health aide. We are very happy that Mary has and continues to identify the needs of our client's. Mary is a very caring and giving person and is always making sure that everyone is happy and smiling. Mary always makes sure to call the office when she feels a client needs additional services. In one case, Mary was able to prove to her supervisor and a client's Passport case manager that there was a need for more hours, and the client was approved for additional hours. Thank you Mary for all your dedication to your client's!

DO YOU KNOW OF A HERO WORKING AT HERITAGE?? IF SO, CONTACT YOUR BRANCH MANAGER AND LET THEM KNOW!

Welcome New Employees!!

Cleveland- Sabrina Dillard, Margaret Ensley, LaVere Jennings, Shamica Johnson, Labarbara Lewis, Jennifer Maddox, Charkia Neal, Ayanna Nelson, Victoria Pratts, Sabreen Sims, Julie Townsend, Antrenice Ware, Geraldine Wilson, Dawn Wright, Andrea Zeman

Columbus- Dele Simon Aiyenabo, Valerie Bass, Davina Bennett, Ed Bennett, Kelly Eakin, Kurt Grayson, Kathryn Ann Landrine, Cona Long, Cassandra Louis, Cassie McClain, Stacey Ransom, Jill Sloan, Carma Stanley

Lima- Penny Davis, Linda Gipson

Mansfield- Kevin Ackley, Holly Appel, Susan Martin, Heather McMillen, Anne Modic, Brittany Nichols, Tami Partin, Brooke Rigney, Sherry Sammataro

Sandusky- Erika Kohler, Joyce Reynolds, Christine Whitman

Toledo- Ivory Barnhill, Margie Ceriello, Charlotte Garcia, Deanna Layson, Beth Powell, Ciarra Ramey, Jonathan Simon, Binetta Walker, Chonelle Williams, Aleshia Woodson



NEWS FROM MANSFIELD!



The Mansfield office held their first Home Health Aide class in February!

We are happy to announce we have two new home health aides that graduated from the class! Please welcome Brittany and Brooke into our family.



Congratulations!

January Attendance Bonus



\$15 for 50 or More Hours– Jill Aldweik * Jerlene Davis * Mary F. King * Pfanness Lyons * Sharay Patton * Adrenna Raymond * Deborah A. Swartz * Amy Swiantek * Nancy Tapp * Tammie Nowicki * Helena Riley * Natasha Salazar * Charlene Sanders * Jeanne Teele * Vergia Lafi-Williams * Lisa Gilchrist * Rebecca Gonzalez * Jamie Greslik * Tabetha Groce * Charlene Hartman * Carolyn Mitchell * April Prater * Melissa Dambacher * Gajuana Harris

\$30 for 100 or More Hours– Laurie Casdorff * Jeremy Cook * Barbara Hooker * Anita Motter * Angie Rowe * Bianca Nelson * Tyra Rowell * Camille Simmons * Wendy Chaffee * Susan Dages * Mary Gowitzka * Elizabeth Ryerson * Donna Filter

\$50 for 130 or More Hours– Joanne Gonzales * Sherrie Swanson * Shasta Beardsley–Salinas * Karen Peschel * Michelle Smith

\$70 for 150 or More Hours– Sherina Bowen * Yvonne Dupont * Ernestine Golliday * Tammy Grace * Ashley Jones * Tabatha LeSage * Debra Ash * Nicole Casey * Shonda Dearth * Marian Gipson * Mary Lou Goodwin * Queen McFadden * Kelly Pesina * Debra Ralston * Melinda Rapp * Rachel Ricker * Robin A. Smith * Larue Ward * Michael White * Kelly Gibson * Nakia Jackson * Robin Jackson * Carolyn Ross * Linda Warner * Sally Heidenescher * Lawanna Ford * Stanley Jones * Jacqueline Patterson * Michelle Prince * Jennifer Robertson

CLIENTS FAMILY RECOGNIZES HERITAGE

Heritage client William R. Turner passed away February 9th 2008. He had been a client with heritage for some time with nursing, therapy and home health aides involved in his care.

His family sent us a copy of his obituary in which his children noted the wonderful and compassionate services provided by heritage staff as follows:

“They would also like to thank Dad’s home health care team: Shelly Taylor, Dad’s wonderful friendly and always smiling nurse; Mike West Dad’s tough when he had to be physical therapist who Dad also loved and laughed at his stories; and Jenna Zolman, Dad’s personal aide who compassionately cared for Bill and she was also a friend to him. Bret and Leslie want Shelly, Mike and Jenna to know that their weekly care of Bill will never be forgotten and they thank each of them for their respect, compassion, and gentleness they showed to Bill during his illness. You three are the best!”

This is why we do what we do at Heritage, to make a difference in someone else’s life, to make their quality of life, while here, just that much better!

Thank you Heritage staff!

Employee Birthdays!!

March 1st- Amanda Gennari

March 2nd- Yvonne DuPont, Geraldine Wilson

March 3rd- Melinda Clevenger

March 4th- Ashley Jones, Loriann Reynolds

March 5th-Jaimie Brown, Michele Post

March 6th- Kelly Hough, Marianne Rader

March 7th- Jamie Greslik, Elizabeth Will

March 9th- Jessica Conley, Kurt Grayson, Sheila Muhenge, Tiffany Nofziger

March 10th- Stephanie Wallace

March 11th- Chonelle Williams

March 15th- Michelle Smith

March 18th- Sharon Jones, Linda Warner

March 20th- Kevin Truss

March 21st- Cassandra Louis

March 22nd- Anita Motter

March 23rd- Deb Ash, Sherrie Swanson

March 24th- Susan Lory-Arms

March 26th- Beth Powell

March 28th- Shasta Beardsley-Salinas, Alyssa Cook

March 29th- Deanna Layson

March 31st- Linda Gipson, Shavon Johnson

